

Welcome to our Newsletter.

In August our trip was a Loveday 4x4 on Saturday and Sunday 22,23 August09. We went and experienced Loveday for Saturday, but didn't stay over. We had a thoroughly enjoyable day and certainly put the Territory through its paces on the competition track (lots of screaming from someone, don't know who!!). I am told that the overnight stayers had a fantastic time around the camp fire (impromptu band!) and Jerren managed to break CJ's car, making his daddy cry!! A lot of fun, I am sure we will go again!

On Saturday 12 September 2009 some of our members spent the night at Deep Creek Conservation Park. Phil and I visited for dinner and a chit chat around the camp fire. The weather was a little intermittent and finally the rains came! Great fun.

On 5 August 2009 the High Range Club conducted its AGM.

Our committee is as follows:

President – Brenton (continuing)

Treasure – John (continuing)

Secretary – Di (new)

Webmaster – Debbie (continuing)

Association Delegate – Ken (continuing)

Trip Co-ordinators – Rob and Pete (new)

Newsletter Editor – Helen (continuing)

Photographer – CJ – (new position)

Thanks to our outgoing committee members for their fantastic efforts and welcome to our new and continuing members for their ongoing commitment to the club's wellbeing.

Upcoming Trips

Gawler Ranges 3,4,5 October 2009, organized by Carolyn, thanks Carolyn. Rob has forwarded information regarding the meeting times etc. Some members are going on Friday night, staying at Pt Augusta and then meeting at Iron Knob (sorry Kimba!!) on Saturday morning. **REMEMBER KIMBA!!**

Did you know??

160 billion emails are sent daily, 97% of them are spam.

Useless Information

Earth is not round, it is slightly pear-shaped.

Contributions

Members are encouraged to contribute to our Newsletter. Any clean jokes, recipes, handy hints or tips, and of course please feel free to email me your profile. I try to get the newsletter out by the 15th of each month. My email address is helentaylor@adam.com.au

Black Cockatoo – Territory stuck on top of gravel hill. I did the damage, but made Phil get me out!! Hee hee!



Meetings

Our meetings are held on the first Wednesday of every month at Cavan. Next meeting 7 October 2009.

Survival tips if you are stranded.

Another good method in the desert is to use a signal mirror. It's essential to have one in your survival kit. If you're in your car, there are luckily several mirrors to choose from. When you see signs of life or an aircraft, angle the mirror toward it and tilt it slightly back and forth. It's good to practice this on a nearby rock, so you can see the effect. Bright signal fires are useful at night. In dire emergencies in your car, burn the spare tyre to create dense, black smoke. The next best thing to being seen is being heard. Pack a whistle in your survival kit or use your car horn if someone is near. The most common emergency signal is short bursts of three. Otherwise, someone may think your horn is stuck.

Member Profile

This month's profile is on our new Secretary, Di. Well where do I start. I have always had an adventurous side which I can blame on my parents. From a very young child my parents would pack myself and brothers up on many camping trips. To start with in a tent then in a campervan. Travelling a great deal of Great Britain and Australia. It has not changed as Keith & I love to travel around that is part of the reason we brought our current caravan.

That sense of adventure is what led Keith & I to the club. We had at the time had our Territory and we wanted to know how far we could go with it off road. We attended the 4WD show and looked around for a club that would suit our needs when we came across the HR club with a picture of a Territory and a sign that looked like AWD. That was the beginning. With a few adventures under our belts we upgraded to a large 4WD not because we could not continue to have a great time with the Territory, but due to business we needed the bigger car. We love the club, the people and the trips and the fact it's not a rock hopping club. We have seen places you would not see without going off the road.

Apart from the club trips Keith & I like to get away to fishing, touring & hopefully bike riding (a new adventure).

Well this is not the first club or organization I have become involved with. It all started with the Kids (mine) when they were part of St John's, as a parent I became involved in The Parent's committee then the Junior St John's Treasurer. Then there was Neighbourhood Watch, Australian & New Zealand Locksmith Association (South Australian Branch), Central District Football Club as a Statician for five years. I just can't help myself.

As for as work goes I work 3 days a week as an Accounts/Payroll and the other 2 days a week with Keith in our Handyman Services and guess who gets to do the paperwork!

To finish up – a couple of jokes – thanks Keith!

Two cows were standing next to each other in a field. Daisy said to Dolly, 'I was artificially inseminated this morning.' 'I don't believe you' said Dolly. 'It's true, honest, no bull!'

Recipe – beautiful meatballs.

500g mince meat
1 grated carrot
2 eggs
2 slices bread soaked in milk for few minutes
1 sliced onion
2 cloves garlic
Small pinch chilli flakes
Salt, pepper

Mix all of the above together, form meatballs, dust in some breadcrumbs. The slices of bread soaked in milk, help retain the moisture.

Place meat balls in casserole dish, cover with two tins tomatoes and if you are lucky to have homemade Italian sauce, use one bottle to cover the meatballs, otherwise use Dolmio or something similar. Sprinkle with generous amount of grated cheese and bake in oven for around 1 hour, 200 degrees C. You can also cook the meatballs on the stove top, just put in saucepan.

Serve with rice or salad and crusty rolls. Yum, a favourite in our house.

A married couple was asleep when the phone rang at 2am in the morning, the wife (undoubtedly blonde), picked up the phone, listened a moment and said, 'How should I know, that's 200 miles from here!' and hung up. The husband said, 'who was that?' The wife said, 'I don't know, some woman wanting to know if the coast is clear.'

A husband read an article to his about how many words women use a day – 30,000 to a man's 15,000. The wife replied, 'The reason has to be because we have to repeat everything to men.' The husband turned to his wife and asked, 'What?'

If you obey all the rules, you miss all the fun.

Cheers everyone til next time!!!

Basic Convoy Procedures

- When travelling on sealed roads always leave an adequate distance between vehicles to allow others to overtake safely.
- Always keep the vehicle behind you in sight on both sealed and unsealed roads. When you come to a turn, wait where your vehicle can be seen by the driver of the following vehicle until the vehicle behind you has identified the correct route.
- In wet and muddy conditions, hilly country or when your brakes are wet, keep a safe distance from the vehicle in front.
- Always stay in your allotted convoy position and do not leave the convoy without first advising the trip leader.
- Always advise the vehicle in front of you if you need to stop by flashing your headlights or use the designated CB channel.
- All gates must be left as they were found.
- All vehicles must keep to the made tracks and only leave a track when necessary to by-pass a hazard. If you are unsure of tackling any hazardous section, STOP and allow an experienced driver to assist you.
- Any damage caused to your vehicle is your own responsibility. Don't be afraid to stop and remove obstacles if you feel that obvious damage can be avoided.
- Recovery operations can be dangerous, so stay away if you are not directly involved, but observe the recovery techniques. The trip leader or delegate is responsible for organising any assistance.
- Please ensure that you drive in a manner befitting a responsible 4Wheel Driver and club member.
- All vehicles must be registered and insured for Third party.
- Be sure that you are aware of the departure times and if you have to cancel from attending a trip you must advise the trip leader prior to the departure time.
- If in doubt as to your preparedness for a trip, discuss this with the trip leader prior to the trip.
- All vehicles must travel in convoy with their headlights on.