

Welcome to our Newsletter.

On 28 June 2009 the club went orienteering through the Barossa Valley. This was organised by Andy and Cristin. Thanks guys it was a fantastic event. I didn't do a trip report this time, because we were too busy trying not to get lost and I forgot to take photos! I feel bilious when I am trying to map read and be a passenger at the same time, so I wasn't in the mood! However, I think that around 15 vehicles attended and a great time was enjoyed by all. A great opportunity to sample some of the famous South Australian wines!

I am sure most of us are enjoying the rains which are being experienced all over the state. The countryside is looking spectacular with the velvety green hills from the north to south a sight to behold. Hopefully the lakes and reservoirs are feeling the benefit.

Of course it is tax time and I am grateful that the days are wintry and cold whilst I am chained to the computer trying to comply!!

In September the High Range AWD club is conducting its AGM and the notice is attached.

Upcoming Trips

Christmas in July at Towitta on the weekend of 25 and 26 July 2009. Cuffs has sent out the details and requires numbers attending so that meat can be purchased.



Did you know??

Orienteering originated in Scandinavia, as a military exercise, in the late 19th century. The competitive sport form began in Norway where the first competition was sponsored by the Tjalve Sports Club on 31 October 1897 and held near Oslo.

World championships were held biannually from 1961 to 2003, and are now held every year.

Efforts begun in 1996 to promote the inclusion of orienteering in the Olympic games have so far been unsuccessful, although orienteering became a sport in the World Games in 2001, and is a sport in the Summer Deaf Olympics.

Useless Information

If you were in for a bizarreish

Did you know...?

Male dogs and male humans are the only species with prostate glands.

From puppy.com.au – Thanks Debbie R

Contributions

Members are encouraged to contribute to our Newsletter. Any clean jokes, recipes, handy hints or tips, and of course please feel free to email me your profile. I try to get the newsletter out by the 15th of each month. My email address is helentaylor@adam.com.au

I am receiving more contributions – thank you to everyone. Try and not send giant articles. Whatever you are sending is greatly appreciated

There were so many fantastic photos taken of our experiences at Black Cockatoo that I couldn't possibly include all of them in the trip report. I will include a couple each time in the newsletter, we have a spot on the web page where more photos can be displayed. Thanks to all who provided their great shots. They were great.



Little Jimny – goes anywhere!

Meetings

Our meetings are held on the first Wednesday of every month at Cavan. August 2009 meeting is scheduled for 5 August 2009.

Member Profile

This month's profile is from Barra (Geoff). Thanks Geoff
Ok, so it's my turn,,, I'm a born and bred Bay Boy (Glenelg), way back in 1966 when Pounds and shillings became Dollars and Cents: on February 14; this was 8 days after I fell out into the world.

I started my working career at the Adelaide Central Market in a family business selling Eggs, Honey and Soaps. Working in the Market at the age of 14 gave me a very broad outlook of all the different cultures of life. The shop is still there today, but located in the Arcade now. Over the years we bought and sold business around Adelaide, so I've always had a retail background.

In 1982 at the age of 16, I met a Pretty Girl at Downtown, and I married her on February 14 1987 (Valentines Day) Awwwww, and that's the same Pretty Girl that's at my side now; 26 years together last June. You get less for Murder! PS: I'm her Toy Boy

We have Sarah (19) and Nick (16) as our pigeon pair; Nick has just bought a 4X4 Mazda Bravo and intends to bring it on some trips with the club.

Talking about murder, I went to prison in February 1994 for 14 years.

Fortunately it was my choice and I worked as an Officer, Supervisor and into Management over that time. My retail background came in handy here, but the good thing was that the golden rule was different here "The customer wasn't always right".

It was a work friend that introduced us to Geocaching, he told us it's a cheap game to get into. Christine didn't agree. GPS, RAV4, Camper Trailer all came soon after starting the game.

We bought the RAV4 to see if we enjoyed getting off road, we were hooked. It was going to all the places that people told us it wouldn't go. In the first month it was enjoying the sand dunes of Port Lincoln. Christine even got it airborne over the dunes at Peake.

A few years ago I saw a notice about a new 4WD club for All Wheel Drives and we became founding members of the HR4WD Club. With the Club, Geocaching and other 4WD mates we have travelled to some great places around SA.

In **February** 2008 I was paroled from Prison, and joined the Ministerial Chauffeurs group and have been there 16 months already. Some say I'm still looking after criminals.

February seems to be a good month for me.

We have been asked to go on a trip to the Kimberly's via the Tanamai Desert road, but were told the RAV4 and camper wouldn't be capable for this trip.

So the search began and it took 6 months to find our new Tourer and bought it in **February**. It's a 2006 Landcruiser, turbo diesel, with lots of extras, which I keep adding too before our trip in August.

Now Christine thinks the RAV4 was a cheap start. At first it was just going to be Christine and me, but now I'm taking the Mother In-law too. We will be camping in the roof top tent, and Mum will be in a double swag (Crocodile bait). See you all when we get back.

Cheers from Geoff & Christine (The Barramundis)

Desert survival tips – from Barra, thanks

The desert is pretty unforgiving, but if you are aware of a few basic survival skills, your chances of getting home in one piece are vastly increased. Most of it is about commonsense and some research, but we can always learn more than we already know.

You are certain to be carrying either an awning or tent, so set them up. But if you are stuck for something to put up, dig a hole under your car and lie there. The car will create shade and insulate you from the heat. At the same time, you will be in the cooler part of the ground.

After you have your shelter setup, start working on making yourself findable.

If you have any windscreen sunshields, lay them on the roof so the reflection can be seen, and pop your bonnet so that any passers by know you are in trouble (even if it is not an engine problem).

Start a fire (away from your vehicle), and during the day, make it as smoky as possible. During the night, you want it to be bright.

Alcohol also impairs your decision-making abilities, which makes it a bad idea. If, like a true Aussie trooper, you only have beer with you (and the 2L soft drink bottle filled with water to top up your radiator), then heat up the beer to above 60°C for about 10 minutes. This will boil off the alcohol leaving you with mostly water.

Flowing freshwater creeks are an obvious starting point, but they are not always in abundance in the middle of Australia. If you find a dry creek bed, check to see if there are any damp spots.

Dig down at that point and water should start trickling into the hole. Keep digging until it is flowing clear and cool water. Once at that stage, start filling whatever containers you have. If you are short on food, then ration it carefully, but don't eat anything if you don't have any water. The process of digesting food uses a lot of our water stores, and it will increase the chance of dehydration.

<http://www.4wdmonthly.com.au/reviews/tips/survival-01.php>

Don't be afraid your life will end; be afraid that it will never begin

Cheers everyone til next time!!!



ANNUAL GENERAL MEETING

The AGM will be held during the September club monthly meeting.

Wednesday 2 September 2009

7.30pm start

Unit 2, 9 Cardiff Court, Cavan

AGM Business

- Committee nominations
- Club memberships fees for 2009/10
- Club property – “motion to purchase a marquee”.